



Sheriff Gary Hofmann

Major Dwayne Boardman

# OFFICE OF THE SHERIFF

## Queen Anne's County

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Class 236

### TREATMENT \* COUNSELING \* ADDICTION HELP \* MENTAL HEALTH ASSESSMENTS

We are here to help! Dealing with an addiction or a family member who has an addiction issue can be overwhelming and often we feel we have no place to turn. We carry the thoughts of what will our neighbors think, what will our family think or will I even make it through this.

It is difficult and sometimes hard to do alone. I have taken the time to meet and talk to many healthcare providers that provide local services dealing with addiction and mental health. Our Health Care Community has partnered with my Office to assist you and your family with this concern. We all care about you, and want to offer help, but you must be the one to initiate this.

Almost daily I am contacted about concerns we all share in dealing with addiction and mental health issues. I think it's important to recognize that help is available and there are many providers available to do this.

Substance abuse and mental health cross all socioeconomic lines. This issue does not discriminate against anyone. It could be a soccer mom or a business person who may need the reference of where to turn for assistance.

My staff and I ask that you keep this referral sheet and select someone on this sheet or out of the area to assist you in the process of seeking treatment for addictions and mental health. The best way to deal with this nationwide epidemic that affects us all is to obtain services as soon as possible. Law enforcement recognizes that this is a treatable disease and we have seen many positive outcomes to treatment and outreach. There is only one person that can take the first step and that is you. You have to initiate the conversation and seek treatment.

There are criminal penalties for a person who commits a crime against another person or the state of Maryland. We do not want to see the criminal process be the reason that a person receives treatment. We want you to take the steps to start the dialogue and reach out to a provider to eliminate this addiction from someone's life or your own.

If you feel you need assistance please feel free to reach out to my staff or myself so that we can assist you with questions. I'm glad you took the time to review this information. Now it's time to pick up the phone and get the results that may save a life, family members or your own.

Sincerely,

Sheriff Gary Hofmann

